

Winter Clothing



by Jesse Burkhardt
Winter School 2010

Gloves or Mittens?



When to use them. Ice climbing or otherwise

Mittens



Down or Synthetic

800



700



600



Synthetic



Rain Jacket vs. Down and Synthetic



boots



Puss'n Boots

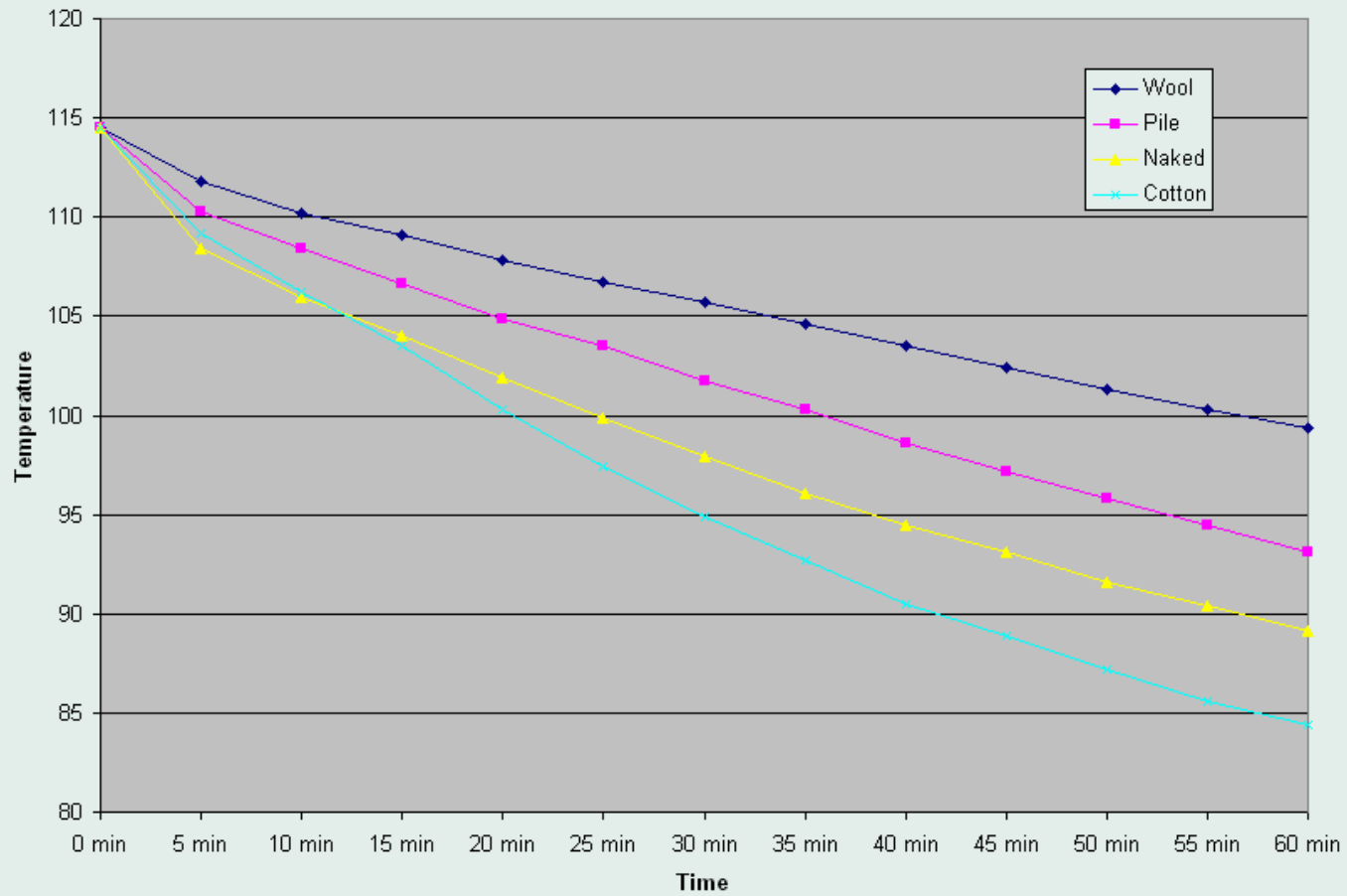


Pants



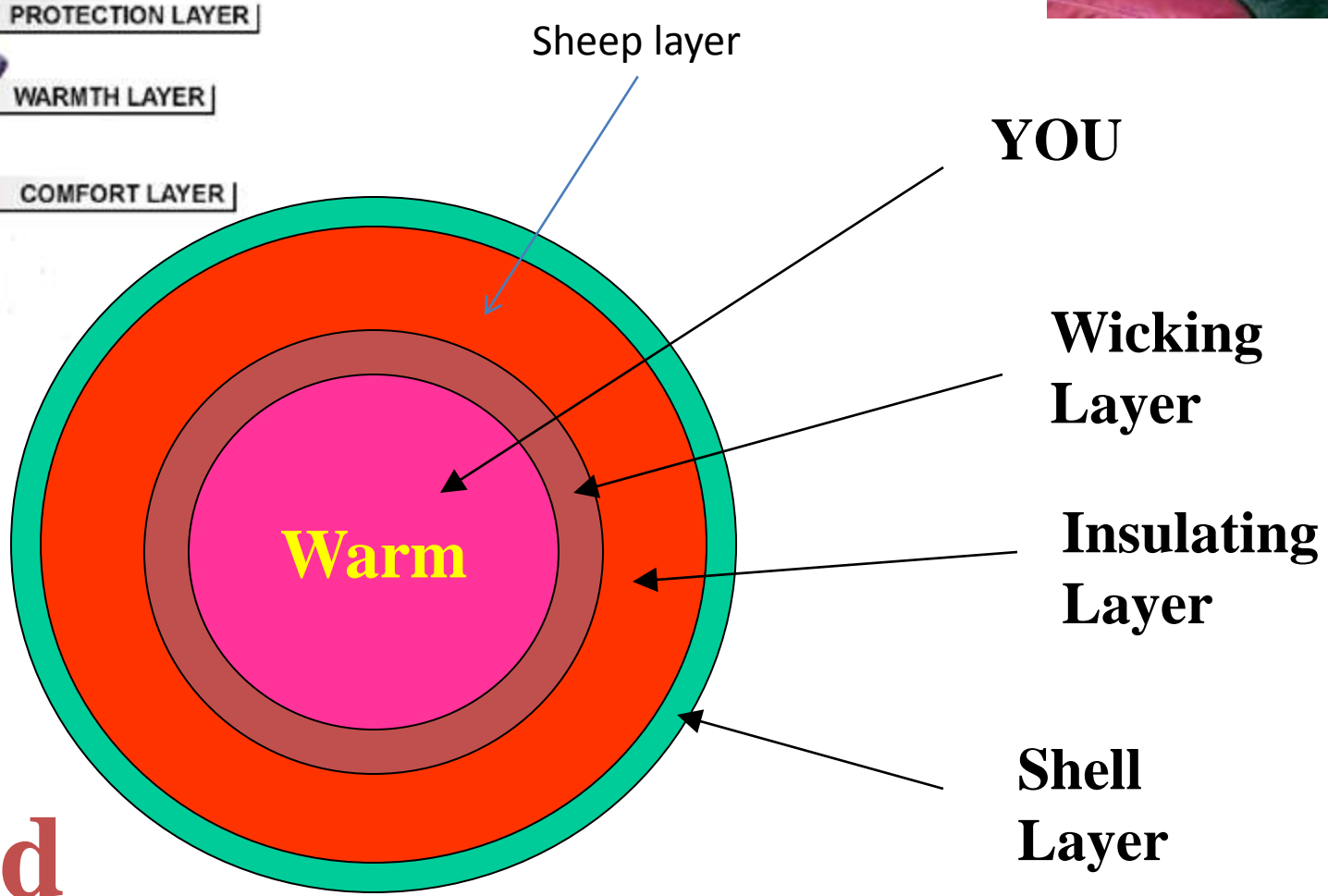
Layering

Wet Materials Comparison



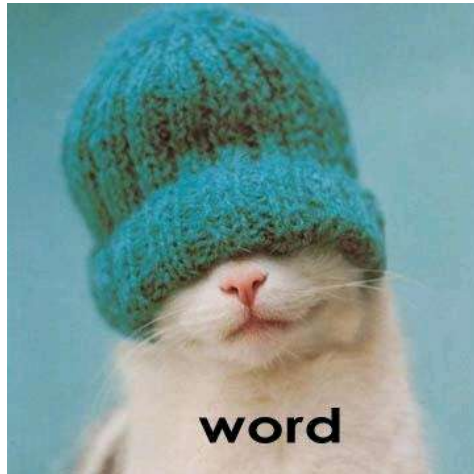
COTTON KILLS

(Even Underwear)



Other things you should have

Warm Hat



Sunglasses



Goggles



Balaclava



Staying warm while ice climbing, belaying, and snowshoeing

- Going up hill vs. standing still
- Moving and stopping
- Rain and Snow



In summary,
Layer with breathable clothes and don't wear
cotton

Questions?

